

## ***“Get Connected” Interactive Discussion Guide***

***This Week’s Core Commitment (Virtue): Gentleness, Philippians 4:5***

*I am thoughtful, considerate, and calm in dealing with others.*

***This Week’s SERVICE Focus: International Missions***

*We will support monthly at least one IBCB international missions project through increased awareness, prayer, participation, and partnership.*

### **Option 1—Growth Group Study: Philippians 4:2-9**

(Plan 30 minutes for your “study time” by focusing on the \* questions. If you need to fill out or add to your discussion, select other questions. However, be sure to leave time for “SERVICE” and prayer.)

#### **Open It**

1. How do you tend to respond when things don’t go your way?
2. **\*What does it take to live at peace with difficult family members or colleagues?**

#### **Explore It**

3. How did Paul feel toward the Philippian congregation? (4:1)
4. What did Paul exhort the Philippian believers to do? (4:1)
5. **\*Why did Paul plead with Euodia and Syntyche? (4:2)**
6. How had Euodia and Syntyche helped Paul in the past? (4:3)
7. What was Paul’s relationship with Clement? (4:3)
8. How could Paul count on his "loyal yokefellow"? (4:3)
9. What did Paul encourage his readers to do? (4:4)
10. **\*How did Paul tell the Philippian Christians to treat others? (4:5)**
11. How should an awareness of Christ’s imminent return affect a person’s attitude? (4:5-7)
12. What did Paul say about anxiety? (4:6-7)
13. What were the Philippians to do instead of worrying? (4:6-7)
14. **\*How can a believer enjoy the peace of God? (4:6-7)**
15. What are the qualities of wholesome thoughts? (4:8)
16. What were the Philippians to put into practice? (4:9)
17. How can believers enjoy the presence of the God of peace? (4:9)

#### **Get It**

18. How have disagreements between people affected your church?
19. **\*When have you been involved in helping Christians resolve differences?**
20. How can you have a peaceful spirit?
21. **\*If you were more thankful, joyful, and gentle, how might your family and friends be affected?**
22. What does it take for you to think worthy thoughts?
23. What does it mean to live a righteous life-style?
24. In what areas of your life do you need to follow Paul’s example?

#### **Apply It**

25. What can you do today to reduce your level of anxiety?
26. **\*How can you be an effective peacemaker this week?**

### **Option 2—Discussion of Sunday's Sermon**

- What did you like?
- What did you not like?
- What did you not understand?
- How does it reinforce this week's core commitment?
- What do you want to do in response?
- What do we want to do in response?
- What will you take away?

### **Option 3—Relate Your Study to Our Core Commitments**

- What Core Commitment(s) does our study reinforce?
- What can we learn from this passage about this week's Core Commitments?
- How can we live this passage individually? As a group?
- What do we agree to do in response to this passage?